



OBJECTIVES OF THE FLOWER MOUND FOOTBALL PROGRAM

1. TO DEVELOP THE LIFE SKILLS THAT WILL ALLOW EVERY YOUNG MAN IN OUR PROGRAM TO SUCCEED IN EVERY AREA OF HIS LIFE, INCLUDING FOOTBALL. THESE INCLUDE:

- PHYSICAL CONDITIONING**
- DISCIPLINE**
- RELATING TO PEERS**
- RELATING TO AUTHORITY**
- REACTING TO AND HANDLING EMOTION**

2. TO BECOME THE BEST FOOTBALL PLAYER YOU CAN BE. YOU WILL BE INSTRUCTED IN THE FUNDAMENTALS OF THE GAME AND FOCUS WILL BE ON IMPROVING EVERY DAY.

3. TO LEARN THE IMPORTANCE OF BEING A PART OF A TEAM. THERE IS NOTHING MORE IMPORTANT THAN CONTRIBUTING TO PART OF SOMETHING BIGGER THAN YOURSELF. CHARACTERISTICS OF TEAMWORK ARE:

- ACCOUNTABILITY/RESPONSIBILITY**
- LEARNING AND EMBRACING YOUR ROLE**
- SETTING A GOOD EXAMPLE ON AND OFF THE FIELD**
- BUILDING TRUST AND FRIENDSHIPS**
- BEING ENCOURAGERS FOR ONE ANOTHER**

4. TO DEVELOP LEADERS WHO UNDERSTAND THE IMPORTANCE OF SETTING AND ACHIEVING GOALS. LEADERS HAVE A VISION AND KNOW WHAT IT TAKES TO GET THERE.

5. TO HAVE FUN! FOOTBALL IS A GAME TO BE ENJOYED, BUT TO BE ENJOYED IT MUST BE PLAYED CORRECTLY. LEARN TO PREPARE YOURSELF PHYSICALLY AND MENTALLY TO BE YOUR BEST. EVERYTHING ELSE WILL TAKE CARE OF ITSELF.



WE WILL WIN

WE

- TEAMWORK/TOGETHERNESS-NO INDIVIDUAL IS MORE IMPORTANT THAN THE TEAM, BUT THE TEAM COULD NOT FUNCTION WITHOUT EVERY INDIVIDUAL.
- TEAM FIRST-CHECK YOUR EGOS AT THE DOOR. NO “COOL DADDIES”.
- CARE ABOUT YOUR TEAMMATE-BE POSITIVE AND ENCOURAGING WHEN YOUR TEAMMATE NEEDS YOU THE MOST.

WILL

- ATTITUDE OF EXPECTANCY- NO MATTER WHAT THE CIRCUMSTANCES ARE, WE WILL NEVER BE DENIED.
- BOTH TEAMS HAVE A DESIRE TO WIN. BREAK YOUR OPPONENT’S WILL. AT SOME POINT IN THE GAME, THEY WILL HAVE NOTHING LEFT. WIN THE BATTLE OF WILLS VS. SKILLS.
- SEVEN SECONDS OF FURY – THIS REFLECTS EFFORT AND DESIRE.

WIN

- CONFIDENCE IS KNOWING THE GAME WILL BE WON BEFORE IT IS PLAYED. BE CONFIDENT, NEVER ARROGANT.
- BELIEVE YOU ARE THE BEST.
- NO ONE WILL MATCH OUR EFFORT AND INTENSITY. IT REFLECTS HOW BAD YOU WANT TO WIN. NO ONE PLAYS HARDER THAN US.
- BE RESULTS ORIENTED – WHEN YOU ARE ON THE FIELD, YOU MUST PRODUCE.

FLOWER MOUND JAGUAR FOOTBALL

- PLAY HARD, PLAY SMART, BE PHYSICAL.
- PLAY WITH EFFORT AND ENTHUSIASM.
- PLAY WITH GREAT DISCIPLINE AND TOUGHNESS.
- NO EXCUSES. WHEN YOU STEP ON THE FIELD, YOU EITHER SUCCEED OR YOU DON’T. IF YOU ARE ON THE FIELD, WE EXPECT YOU TO DO WELL.
- HAVE FUN! ENJOY THE COMPETITION. ENJOY PLAYING IN BIG GAMES IN FRONT OF BIG CROWDS. PLAY THE GAME THE WAY IT IS MEANT TO BE PLAYED.



CODE OF CONDUCT

- 1. DO WHAT IS RIGHT AND AVOID WHAT IS WRONG. IF YOU HAVE ANY DOUBT, ASK A COACH.**
- 2. DO YOUR BEST. DO NOT ACCEPT ANYTHING LESS, AND DO NOT MAKE EXCUSES.**
- 3. TREAT OTHERS AS YOU WOULD LIKE TO BE TREATED – THE GOLDEN RULE.**

JAGUAR RULES

BE HERE EVERY DAY.
RUN FAST WHEN YOU ARE ON THE FOOTBALL FIELD.
NO CLEATS IN THE FIELDHOUSE.
SAY “YES, SIR” AND “YES, MA’AM” WHEN ADDRESSING AN ADULT.
DISPLAY POSITIVE LANGUAGE, ACTIONS AND BODY LANGUAGE AT ALL TIMES.
TAKE CARE OF YOUR EQUIPMENT.
TAKE CARE OF EACH OTHER.
TAKE CARE OF THE FIELDHOUSE.
BE ON TIME.
DO THINGS THE RIGHT WAY, RIGHT AWAY.
DO YOUR WORK.
BE COACHABLE.



PLAYER EXPECTATIONS

I. GENERAL

ATTENDANCE

- 1. BE HERE EVERY DAY, ON TIME.**
- 2. IF YOU CANNOT PRACTICE, YOU WILL BE EXPECTED TO DRESS OUT, GO TO REHAB AND THEN GO TO PRACTICE TO ENCOURAGE YOUR TEAMMATES.**
- 3. IF YOU CANNOT COME TO PRACTICE, YOU MUST CALL OR SEE COACH BASIL IN ADVANCE, OTHERWISE THE ABSENCE WILL BE UNEXCUSED.**
- 4. IRREGULAR ATTENDANCE MAKES IT NEARLY IMPOSSIBLE FOR YOU TO BE PREPARED ENOUGH TO CONTRIBUTE TO THE TEAM.**
- 5. ALL MORNING WEIGHT ROOM SESSIONS DURING THE SEASONS ARE INCLUDED IN PRACTICE EXPECTATIONS.**
- 6. EXPECTATIONS ARE TO BE ADHERED TO DURING THE SEASON AND OFF-SEASON FOR ALL PLAYERS, MANAGERS AND FILMERS.**

CONSEQUENCES:

IF YOU DO NOT COME TO PRACTICE, THERE IS A STRONG POSSIBILITY THAT YOU WILL MISS PLAYING TIME IN THE GAME THAT WEEK. IT WILL BE DETERMINED ON AN INDIVIDUAL BASIS. IN GENERAL, AN UNEXCUSED ABSENCE WILL RESULT BEING SUSPENDED FOR A QUARTER TO A HALF OF A GAME. TWO UNEXCUSED ABSENCES MAY RESULT IN BEING SUSPENDED FOR A GAME.

ATTITUDE

- 1. COME TO PRACTICE EVERY DAY EXPECTING TO GET BETTER.**
- 2. BE A GOOD TEAMMATE-ENCOURAGE ONE ANOTHER.**
- 3. BE COACHABLE – LET YOUR COACH PREPARE YOU TO BE THE BEST YOU CAN BE.**
- 4. No COOL DADDIES – WE WILL NOT TOLERATE INDIVIDUALS WHO PUT THEMSELVES ABOVE THE TEAM.**

CONSEQUENCES:

IF YOUR ATTITUDE BECOMES DETRIMENTAL TO THE TEAM, WE WILL PLAY THE PLAYERS WHO WE CAN TRUST WILL DO THINGS FOR THE BENEFIT OF THE TEAM.

***ATTENDANCE AND ATTITUDE ARE THINGS YOU CONTROL.**



V. DRUGS , ALCOHOL AND STEROIDS

THE USE OF ALCOHOL AND ILLEGAL/NON-PRESCRIPTION DRUGS WILL NOT BE TOLERATED IN THE FLOWER MOUND FOOTBALL PROGRAM. WE WILL TAKE EVERY MEASURE TO EDUCATE PLAYERS ON THE DANGERS AND NEGATIVE EFFECTS OF THESE SUBSTANCES.

CONSEQUENCES:

CONFIRMED USE WILL RESULT IN DISCIPLINARY ACTIONS WHICH WILL RESULT IN SUSPENSION/EXPULSION FROM THE FOOTBALL PROGRAM.

VI. BULLYING, HAZING

BULLYING AND HAZING WILL NOT BE TOLERATED. OUR TEAM IS A FAMILY, AND WE WILL TAKE CARE OF EACH OTHER. ANY ACTIONS, ON OR OFF CAMPUS, THAT DOES NOT PROMOTE A POSITIVE TEAM ATMOSPHERE WILL RESULT IN DISCIPLINARY ACTION. THIS INCLUDES ANYTHING OUTSIDE OF A SCHOOL SETTING AND INCLUDES SOCIAL MEDIA. THE FMHS FOOTBALL PROGRAM PROHIBITS AND GROUP TEXTS/CHATS/SOCIAL MEDIA CONTENT THAT IS NOT POSITIVE TOWARDS ANY INDIVIDUAL OR GROUPS.

CONSEQUENCES:

PLAYERS INVOLVED IN BULLYING/HAZING OF ANY KIND ON OR OFF CAMPUS WILL FACE SUSPENSION/EXPULSION FROM THE FOOTBALL PROGRAM.

II. ON THE FIELD

EFFORT

- 1. YOU ARE EXPECTED TO GIVE 100% EFFORT ON EVERY PLAY AND EVERY DRILL.**
- 2. A PLAYER WHO GIVES 100 % ON EVERY PLAY WITH LESS ABILITY WILL BE MORE PRODUCTIVE THAN A MORE TALENTED PLAYER WHO GIVES 100 % ONLY UNDER IDEAL CONDITIONS.**
- 3. MAKE IT A HABIT TO GIVE 100 %. SPRINT DURING AND BETWEEN DRILLS, ON AND OFF THE FIELD. WORK SPEED WHERE NO ONE ELSE WORKS SPEED.**

COMPETE

FOOTBALL IS MORE A BATTLE OF WILLS THAN A BATTLE OF SKILLS. TO COMPETE IS TO MENTALLY AND PHYSICALLY PREPARE, PRACTICE AND PLAY TO WIN.



III. IN THE CLASSROOM

ACCOUNTABILITY

YOU WILL BE HELD RESPONSIBLE FOR ALL OF THE WORK YOUR TEACHERS ASK YOU TO COMPLETE. IF YOU COME PREPARED EACH DAY IN CLASS, ARE RESPECTFUL AND TURN IN YOUR WORK, YOU WILL GENERALLY NOT HAVE A PROBLEM PASSING.

DISCIPLINE

DISCIPLINE IS DOING THINGS RIGHT ALL OF THE TIME. YOU ARE EXPECTED TO ACT RIGHT AT ALL TIMES IN THE CLASSROOM. YOU ARE A PART OF SOMETHING SPECIAL, AND ANYTHING YOU DO TO BREAK THE RULES BRINGS SHAME UPON OUR FOOTBALL PROGRAM.

UNLESS THERE IS A SEATING CHART FOR YOUR CLASS, YOU ARE EXPECTED TO SIT IN THE FRONT ROW, OR THE ROW IN THE MIDDLE OF THE CLASSROOM (SOMEWHERE IN THE "T"). IF YOU WORK AS HARD IN THE CLASSROOM AS YOU DO ON THE FIELD, YOU SHOULD MAKE A'S AND B'S.

IV. IN THE TRAINING ROOM

INJURIES

OUR COACHES AND ATHLETIC TRAINING STAFF WILL DO EVERYTHING TO ENSURE THE SAFETY AND HEALTH OF OUR ATHLETES. WE ASK THAT YOU SEE OUR TRAINERS TO ADDRESS ANY ISSUES REGARDING INJURIES. THEY WILL THEN ASSESS THE SEVERITY AND THEN MAKE A REFERRAL TO SEE A DOCTOR, IF NECESSARY. OUR ATHLETIC TRAINERS NEED TO KNOW ABOUT ANY INJURY. TREATMENTS WILL TAKE PLACE STARTING AT 7:00 A.M. EVERY MORNING.

INJURED PLAYERS ARE EXPECTED TO BE AT PRACTICE, DRESSED OUT UNLESS PHYSICALLY UNABLE TO DO SO, AND MIRROR THEIR POSITION GROUP SO THEY GET MENTAL REPS.

CONDUCT

THE TRAINING ROOM IS NOT A PLACE TO HANG OUT. YOU MUST BE SHOWERED AND DRESSED TO RECEIVE TREATMENT IN THE TRAINING ROOM.



DRESS

1. WEAR ONLY WHAT WE ISSUE. ANYTHING YOU BRING MUST BE APPROVED BY COACH BASIL. ALL WRISTBANDS, MOUTHPIECES, HEADWEAR, GLOVES, ETC. ARE EXPECTED TO COMPLY WITH OUR SCHOOL COLOR SCHEME.
2. NO JEWELRY OF ANY KIND SHALL BE WORN DURING ATHLETICS.
3. ALL PLAYERS WILL WEAR GAME DAY SHIRTS ON GAME DAYS.
4. ALL PLAYERS MUST WEAR A SHIRT ANYTIME OUTSIDE OF THE LOCKER ROOM.
5. ONLY NAVY, BLACK OR WHITE SOCKS WILL BE ALLOWED.

LOCKER ROOM

THIS IS YOUR HOME AWAY FROM HOME. YOU WILL BE EXPECTED TO KEEP IT LOOKING NICE AND CLEAN.

1. NO ONE EXCEPT PLAYERS ARE ALLOWED IN THE LOCKER ROOM. DO NOT INVITE ANYONE IN WITHOUT PERMISSION.
2. KEEP YOUR LOCKERS AND INDIVIDUAL AREA PICKED UP AND NEAT. TAKE PRIDE IN YOUR FACILITIES, HELP PICK UP ANY TRASH THAT YOU SEE LAYING AROUND.
3. DO NOT WEAR CLEATS IN THE FIELDHOUSE.
4. YOU ARE EXPECTED TO TAKE A SHOWER AFTER PRACTICE BEFORE YOU GO HOME.
5. KEEP YOUR LOCKERS CLEAN. YOU SHOULD MAINTAIN A MODEL LOCKER AT ALL TIMES.
6. NO HEADPHONES OR CELL PHONES ARE ALLOWED IN THE LOCKER ROOM.
7. ALL PLAYERS ARE EXPECTED TO BEHAVE APPROPRIATELY AND WITH MATURITY IN THE LOCKER ROOM. WE MUST PROMOTE GREAT TEAMWORK AND PROPER RESPECT.
8. PLAYERS ARE NOT TO PROP OPEN ANY DOORS TO LOCKER ROOM OR ANY DOOR LEADING INTO THE FIELDHOUSE.

FIELDHOUSE/WEIGHT ROOM/FACILITIES

1. KEEP THE WEIGHT ROOM LOOKING NICE.
2. THROW YOUR TRASH AWAY.
3. RACK ALL WEIGHTS.
4. ALWAYS USE A SPOTTER.
5. LEAVE FACILITIES BETTER THAN YOU FOUND THEM. KEEP EVERYTHING NEAT AND CLEAN.
6. KEEP THE TEAM ROOM LOOKING SHARP. STRAIGHTEN UP CHAIRS, PICK UP ANY TRASH.



EQUIPMENT

- 1. IF YOUR EQUIPMENT IS LOST, YOU WILL BE RESPONSIBLE FOR PAYING FOR IT.**
- 2. YOU MUST FOLLOW THE DRESS OF THE DAY AND BE IN PROPER UNIFORM.**
- 3. TURN IN YOUR LAUNDRY ON YOUR CLIP TO THE PROPER AREA.**
- 4. YOU ARE NOT PERMITTED TO BE IN AN EQUIPMENT ROOM WITHOUT A COACH PRESENT.**

MEETING TIME

- 1. BE ON TIME TO MEETINGS.**
- 2. THE PURPOSE OF MEETINGS IS TO CONVEY IMPORTANT INFORMATION. YOU ARE EXPECTED TO BE ATTENTIVE AT ALL TIMES.**
- 3. MEETING TIME IS NOT TO CONTINUE GETTING DRESSED OR TALK WITH A TEAMMATE.**

COMMUNICATION

- 1. WE CAN ONLY HELP WITH ISSUES WHICH ARE COMMUNICATED EFFECTIVELY. YOU ARE RESPONSIBLE FOR EFFECTIVE COMMUNICATION WITH YOUR COACH.**
- 2. YOU ARE EXPECTED TO COMMUNICATE TRUTHFULLY WITH ISSUES THAT AFFECT YOU AND OUR FOOTBALL PROGRAM.**



GAME DAY EXPECTATIONS

- 1. EVERY GAME WILL BE TOUGH TO WIN. SOME TEAM'S DESIRE TO WIN WILL BE GREATER THAN THE OTHERS, THEREFORE, SOME TEAMS WILL BE TOUGHER TO DEFEAT. PREPARE MENTALLY AND PHYSICALLY FOR EACH GAME.**
- 2. FORCE YOUR OPPONENT TO PLAY FULL SPEED FOR SEVEN SECONDS EVERY PLAY, KNOWING THAT WHEN THE GAME IS ON THE LINE IN THE 4TH QUARTER THERE IS A HIGH PROBABILITY THAT FATIGUE WILL DESTROY HIS WILL. FORCE HIM INTO FATIGUE BY MAKING HIM GIVE EFFORT LONGER THAN HE'S ACCUSTOMED TO. KNOW IN YOUR MIND THAT IF THE GAME IS CLOSE GOING INTO THE 4TH QUARTER, THE ADVANTAGE IS OURS.**
- 3. MENTALLY PREPARE TO PLAY THE GAME. VISUALIZE YOURSELF BEING SUCCESSFUL**
- 4. BELIEVE THAT EVERY CLOSE GAME WILL BE DECIDED BY THE KICKING GAME. ALL PLAYERS MUST BE COMMITTED TO WINNING IN THIS AREA.**
- 5. STAY TRUE. EVERY PLAYER CAN STAY TRUE TO HIS TEAM AND HIS SCHOOL. TO GIVE UP, TO QUIT, TO CUT BACK, TO FAKE INJURY IS TO CHANGE YOUR COLORS, TO BE DISLOYAL TO THOSE WHO TRUSTED IN YOU. ALWAYS KEEP YOUR COOL. WE WILL NEVER ALLOW YOU TO LOSE YOUR COMPOSURE DURING A GAME WITHOUT CONSEQUENCES.**
- 6. BE RESULTS ORIENTED. EACH PLAYER IS RESPONSIBLE FOR GETTING RESULTS. OUR COACHES WILL SPEND A GREAT DEAL OF TIME PREPARING A GAME PLAN TO GIVE YOU THE BEST CHANCE TO SUCCEED.**
- 7. PLAY HARD, PLAY SMART, BE PHYSICAL. WE WILL PLAY THE GAME THE WAY IT'S SUPPOSED TO BE PLAYED, AND LET OUR RESULTS DO THE TALKING.**
- 8. ALWAYS ENCOURAGE ONE ANOTHER. A GREAT TEAM IS ONE WHERE THE PLAYERS PICK EACH OTHER UP.**
- 9. THE CONTEST BEGINS WITH PRE-GAME – DO THE LITTLE THINGS RIGHT, CARRY YOURSELF WITH A SWAGGER.**
- 10. AT THE END OF THE GAME, WE SHAKE HANDS WITH OUR OPPONENT, GATHER IN FRONT OF OUR FANS AND SING THE ALMA MATER. WE WILL MEET WITH OUR COACHES AND THEN RETURN TO OUR DRESSING ROOM.**
- 11. WEAR WHAT IS ISSUED. YOU WILL NOT BE PERMITTED TO ITEMS THAT BRING UNNECESSARY ATTENTION TO YOURSELF. TOWELS, ETC. WILL ONLY BE ALLOWED TO BE WORN IF APPROVED BY YOUR COACH.**
- 12. YOU WILL NOT BE PERMITTED TO LEAVE CAMPUS BEFORE A GAME. PRE-GAME MEALS WILL BE ARRANGED BY THE COACHING STAFF.**
- 13. YOU WILL NOT BE PERMITTED TO TALK OR TEXT ON YOUR PHONE BEFORE GAMES. PRE-GAME IS A TIME FOR MENTAL PREPARATION AND FOCUS.**

- 14. WE WILL WEAR A GAME DAY SHIRT (PURCHASED THROUGH BOOSTER CLUB) AND KHAKIS ON GAME DAYS.**



ROLE OF THE PLAYERS

AS A PLAYER ON THE FLOWER MOUND JAGUAR FOOTBALL TEAM, THERE ARE FOUR BASIC ASSUMPTIONS WE WILL HAVE AS A COACHING STAFF.

- 1. WE ASSUME YOU WANT TO BE THE BEST FOOTBALL PLAYER YOU CAN BE. THIS IS IMPORTANT BECAUSE YOUR COACH WILL SEE YOUR POTENTIAL AND PUSH YOU TO ACHIEVE THAT.**
- 2. WE ASSUME YOU WANT TO PLAY ON A CHAMPIONSHIP TEAM. AS A RESULT, EVERYTHING WE DO (PRACTICES, OFF-SEASON, GRADE CHECKS) IS DESIGNED TO PRODUCE A CHAMPION. EVERY DECISION WE MAKE AS A COACHING STAFF WILL BE FOCUSED ON THIS PRIORITY.**
- 3. WE ASSUME THAT YOU WILL TAKE CARE OF YOUR BUSINESS IN THE CLASSROOM AND MAKE THE HIGHEST GRADES POSSIBLE. YOU ARE RESPONSIBLE FOR KEEPING UP WITH YOUR WORK AND TURNING IN ASSIGNMENTS ON TIME.**
- 4. WE ASSUME THAT YOU WANT TO BE A GOOD PERSON. YOUR CHARACTER IS A REFLECTION ON THE JAGUAR FOOTBALL PROGRAM AND YOU DO NOT WANT TO BRING SHAME UPON THE "FM".**

PLAYER PLACEMENT

IT IS OUR GOAL THAT EVERY PLAYER IN OUR PROGRAM ESTABLISHES A ROLE THAT IS IMPORTANT AND MEANINGFUL TO OUR FOOTBALL TEAM. NOT EVERY PLAYER WILL BE A STARTER, OR WILL BE ON VARSITY. IN THE FLOWER MOUND FOOTBALL PROGRAM, THERE IS NO INDIVIDUAL PLAYER GREATER THAN THE TEAM; HOWEVER, WE WOULD NOT BE A TEAM IF NOT FOR EVERY INDIVIDUAL IN OUR PROGRAM.

THE FOLLOWING WILL BE DETERMINING FACTORS IN DETERMINING DEPTH CHARTS:

- KNOWLEDGE OF ASSIGNMENT – WE WILL NOT PLAY PEOPLE WHO DO NOT KNOW THEIR ASSIGNMENTS.**
- HUSTLE AND EFFORT – YOUR COACHES AND TEAMMATES EXPECT YOU TO GIVE 100 % EFFORT AT ALL TIMES. EXTRA EFFORT WINS GAMES.**
- HITTING AND MENTAL TOUGHNESS – FOOTBALL IS A CONTACT SPORT AND MUST BE PLAYED WITH A GREAT DEAL OF TOUGHNESS.**
- CONTRIBUTION TO THE OVERALL TEAM – THE INDIVIDUAL WHO MOTIVATES OTHERS WILL MAKE A GREATER CONTRIBUTION THAN THOSE WHO DO NOT.**
- TALENT – THE PLAYER THAT PRODUCES ON THE FIELD WILL BE THE ONE WHO PLAYS.**



PARENT EXPECTATIONS

- 1. ENCOURAGE YOUR SONS TO EMBRACE THEIR ROLE IN OUR FOOTBALL PROGRAM.**
- 2. IF YOU HAVE QUESTIONS OR OPINIONS, PLEASE COMMUNICATE WITH COACHES RATHER THAN PLAYERS.**
- 3. THE BEST METHOD OF COMMUNICATION IS EMAIL THE COACH WITH SPECIFIC QUESTIONS. MANY PROGRAM SPECIFICS WILL BE POSTED ON THE FOOTBALL WEBSITE.**
- 4. THE ONLY PROBLEM WE CANNOT SOLVE IS THE ONE WE DO NOT KNOW ABOUT.**
- 5. WE WILL ADHERE TO THE "24 HOUR" RULE. IF YOU HAVE A CONCERN OR ISSUE, WE ASK THAT YOU WAIT UNTIL THE NEXT DAY FOLLOWING A GAME TO SET UP AN APPOINTMENT FOR A CONFERENCE.**
- 6. KNOW THAT WE CARE DEEPLY ABOUT YOUR CHILD. THEIR PHYSICAL, MENTAL AND EMOTIONAL DEVELOPMENT IS VERY IMPORTANT TO US.**
- 7. WE ARE OPEN TO ADDRESSING CONCERNS REGARDING YOUR SON, AND THEIR ROLE/FUTURE/GOALS/AREAS OF IMPROVEMENT/ETC. WE WILL NOT DISCUSS DETAILS ON OTHER PLAYERS.**
- 8. PLEASE ABIDE BY ALL LISD AND FMHS EXPECTATIONS THAT ARE SET FORTH. NO OUTSIDE FOOD OR DRINK IS PERMITTED INTO CONTESTS. FANS ARE EXPECTED TO BE COURTEOUS AND RESPECTFUL TOWARDS OPPOSING PLAYERS, FANS AND OFFICIALS.**



Each athlete is responsible for their issued equipment, and for the proper maintenance and storage of these items. A player will be responsible for covering the cost of any item that is lost by the player. Below is a list of issued equipment:

Helmet, Chin Strap, Mouthpiece, Shoulder pads, Practice jersey, Practice pants, T-shirt, Shorts, Compression shirt, Girdle, Knee pads, Belt

Additionally, each player will be issued a game jersey and game pants. Each player is responsible for returning these items upon returning to school after the game.

I acknowledge that I read the copy of the Flower Mound Football Team Policies that is posted on www.fmjaguarfootball.net. I understand the rules and disciplinary actions that will be taken if I break them. I understand that playing football at Flower Mound High School is a privilege and not a right. If I conduct myself in an inappropriate or disrespectful manner on or off the field, in or out of season, it can result in discipline and/or suspension or removal from the Flower Mound Jaguar Football Program.

Player printed name

Player signature

Date

Parent/Guardian
Printed name

Parent/Guardian
signature

Date